

PACES FARM

ISSUE #7

Post

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WWW.PACESFARM.COM

From the Board A New Year for Paces Farm

Since the last issue of the Paces Farm Post, Mike Rossi was elected to the HOA board in place of Chris Lightner. Mike will now serve as Vice President/Secretary and John Merchant as President. Matt Hachman will continue as the Treasurer. Thank you to Chris for his two years of dedicated service to our community.

Chris will move to a role on the ACC committee, replacing Ashleigh Merchant. Also Danielle Danas has volunteered as our Clubhouse Committee Chair, replacing Kristi Motter who did a great job last year. A co-chair position is available on the pool committee as well. Should any residents wish to volunteer for this or for another area, please let us know. The Board relies heavily upon the work and recommendations of the committee members, so we greatly appreciate all of their hard work and service.

One important goal of the Board in 2013 is to continue to work to improve communication between the Board and our residents. As new homeowners join us, many have questions about committees, procedures for submitting

modification requests, and other issues. We encourage each of you to reach out to us if you have any questions or concerns.

We are also working to improve communication between All-In-One, our management company, and homeowners. All-In-One is responsible for community administration as well as helping to maintain covenants and design standards. Our goal is to ensure that important communications between All-In-One and homeowners are done in writing and that the Board is made aware of any ongoing issues.

We encourage everyone to revisit our neighborhood website www.pacesfarm.com. You will find links to the covenants, design standards, modification request forms, and other important information concerning committees and neighborhood events.

Finally, please contact us if you have suggestions for how to make our neighborhood better in the coming year. Whether it relates to improvements, social events, or safety, we always welcome any ideas you may have. Our community will only improve with your involvement. You can reach us by e-mail at johnbmerchant@gmail.com, matthewhachman@yahoo.com, or rossi138@gmail.com. We look forward to working with all of you in an effort to make 2013 one of the best in Paces Farm history!



Paces Farm Pool Gets a Facelift

HAVE YOU DRIVEN DOWN Ovalene Lane lately? If so, you may have noticed that the sparkling blue water has been emptied from the pool. In fact, the pool is in the process of getting a new interior.

Since the last drain and cleaning, the pool floor surface has been gritty and abrasive. This has caused swimmers' feet to be scraped. The floor also had been stained significantly by the falling winter leaves from the large oak tree that previously stood above. For these reasons, the board budgeted for an entire pool resurfacing project for spring 2013.

With the resurfacing, a new glaze will be applied to the cement giving it a smooth texture and clean appearance. The project is slated to be complete in time for the summer pool opening on Saturday, May 18. Homeowners who are current on their dues will receive a new pool gate code in May. For a pool safety refresher, check out the CPR information on the reverse.



EASTER EGG HUNT

Saturday, March 30

11 AM at the clubhouse.
Egg hunting and surprise visit
from the Easter Bunny.

Please welcome Al and Lyssa Berlinguette and their son Hunter (8) to Paces Farm. Also, a warm welcome back to Mike and Valerie Parham and their boys Jack (7) and Will (6).

Chris and Sarah Lightner welcomed baby Patrick into their family in October last year. Baby Junior was born to Julius and Aleks Berry

in December 2012. And baby Hannah joined the Egan family, born in January to Andrew and Megan.

2013 is shaping up to be another year for new Paces Farm residents with several families expecting babies and some resale home contracts pending.

New in the 'Hood

Spring Garage Sale
Friday, April 26 and
Saturday, April 27, 8AM-3PM

All are welcome to participate! E-mail
Danielle at smileygig@bellsouth.net

Neighbor SPOTLIGHT

SHARRON SKIPPER
 UTMOST INTERIORS, 678-313-3349
 WWW.UTMOSTINTERIORS.COM

Sharron is the owner of Utmost Interiors, a full service interior design company taking projects from conception to completion. In business for 25 years, she specializes in residential, commercial, and church interior design. Sharron works from her home design studio. Visit her website for photos and information.

Sharron and her husband, Scotty, moved to Paces Farm five years ago. They have a son and a daughter, who are both married. They also have six beautiful grandchildren, ages one to nine.

To help get to know our neighbors, the Paces Farm Post will highlight one resident's personal business in each bi-annual issue. Please e-mail tiffanywestbrook@comcast.net if you'd like to share more information about what you do!



RESIDENTS TAKE THE CPR challenge

Paces Farm residents were invited to participate in a Georgia CPR (Cardiopulmonary Resuscitation) course held on March 16, 2013 at the clubhouse. The event was informative and fun while 14 people learned the skills to perform adult, child, and infant CPR as well as First Aid. These residents are now certified through the American Heart Association.

With swimming season around the corner, the safety of our families is top priority. Additional CPR courses can be scheduled at the clubhouse if at least six people sign-up. Please e-mail Mike Rossi at rossi138@gmail.com if you are interested.

It is recommended that you become certified before administering CPR. However, if you just need a refresher, below you will find some basic guidelines for CPR on a baby in the case of drowning (under 12 months.) The illustration below depicts CPR on a child older than age one.

HOW TO PERFORM CPR ON A CHILD DROWNING

Understand CPR is intended to keep blood and oxygen flowing through the body and not to remove water from the lungs of a drowning infant. The procedure for performing CPR is the same whether the infant has drowned or has another emergency situation that has caused him to stop breathing.

STEP 1: Put the baby on the ground, a table or other surface which is firm. Stimulate the baby to determine if she is responsive. Flick the bottom of the baby's feet and speak loudly to get a response, such as crying. Avoid shaking the baby which can cause damage to the brain and neck.

STEP 2: Open the infant's airway. His tongue may fall towards the back of his mouth and block his airway. Gently tilt the infant's head slightly back by pushing down slightly on the forehead while lifting up the

chin. Avoid hyper-extending the neck to prevent injuries.

STEP 3: Place a hand on the baby's chest to determine if it is moving up and down, which indicates breathing. Also, place your ear next to the baby's mouth and listen for breathing. If the baby is not breathing you will need to perform rescue breathing.

STEP 4: Place your mouth over the baby's mouth and nose and blow in twice to give two rescue breaths. Look at the chest as you blow in to be sure the chest is moving. If the chest did not rise, the baby's airway may still be blocked. Reposition the head again as stated in Step 2.

STEP 5: If the baby is unresponsive, have someone call 911. If you're alone, give two minutes of care as described, then call 911 yourself.

STEP 6: Feel for a pulse. If the baby has no heartbeat, start chest compressions. Place two fingers in the center of the baby's chest between the nipples. Press down at a depth of one third to one half the depth of the chest. Perform compressions quickly, at a ratio of 30 compressions to two rescue breaths.

STEP 7: Keep in mind that a drowning baby may swallow a lot of water. During the course of CPR, a baby may vomit the water out. Turn the baby on his side and clear the airway by using a finger to clear the mouth of any vomit. If the baby is still not breathing, place the infant flat and continue CPR until help arrives.

For children ages 1-8, the process is the same, except the child's nose should be pinched closed during rescue breathing. Also, step 6 chest compressions are done as follows:

Place the heel of one of your hands on the child's sternum (breastbone) at the center of her chest. Place your other hand directly on top of the first hand. Try to keep your fingers off her chest by interlacing them or holding them upward. Push the child's sternum down about two inches. Allow the chest to return to its normal position before starting the next compression. Do 30 chest compressions at the rate of 100 per minute. Then give the child two rescue breaths.

Repeat the sequence of 30 chest compressions and two breaths and continue until help arrives, or you find an obvious sign of life, though she still must be checked by a doctor. You can find more information on CPR at www.CPRclass.org or www.GAcpr.com.

7th Annual Cinco De Mayo Party

Saturday, May 4

5 PM at the clubhouse parking lot.
 More information coming soon.

REMINDERS FROM YOUR FRIENDLY NEIGHBORHOOD HOA

Come springtime, many families will be back outside enjoying warmer weather. It is extremely important that drivers please slow down, obeying speed limits and using stop signs to ensure the safety of our children – especially on the main drag.

In addition, many homes will be due for exterior repainting. Please remember to get your plans and colors approved BEFORE proceeding with changes, even if the colors are the same. The updated Design Standards and modification request forms can be found at www.pacesfarm.com/acc.html and it is simple to fill-out and submit for timely approval, usually within 48 hours.

Other maintenance items that some residents will be asked to address are restraining decks and fences, repainting mailboxes, replenishing mulch or pinestraw, repainting tin roofing, and removal of weeds in lawns and beds. Any other exterior changes or additions, such as playgrounds or sheds, must also be approved before work begins.

Thank you homeowners for taking pride in your investment—and in doing so, ensuring the quality of our neighborhood going forward.



Summer Camps

Don't forget, you can find summer camp information in the Spring 2011 newsletter which is located at pacesfarm.com. Check the listed websites for updated information on camps offered in our area. New camps have also been posted on the homepage news!

